

**Psummer of Psalms**  
**Psalm 1 - Walk, Stand, Sit**

***When they had sung a hymn, they went out to the Mount of Olives. Matthew 26:30***

**The Psalms connect with us emotionally as we experience God through beautiful language and vivid imagery.**

***1 Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, 2 but whose delight is in the law of the Lord, and who meditates on his law day and night. 3 That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers. 4 Not so the wicked! They are like chaff that the wind blows away. 5 Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. 6 For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.***

**There is typically a long pattern leading to sin before we physically act on what our hearts have already consented to do if the opportunity arises.**

**The problem with being in the company of sin even if we don't participate in it is that it we lose your disdain for it.**

***the lips of the adulterous woman drip honey, and her speech is smoother than oil; 4 but in the end she is bitter as gall, sharp as a double-edged sword. 5 Her feet go down to death; her steps lead straight to the grave. 8 Keep to a path far from her, do not go near the door of her house, 9 lest you lose your honor to others and your dignity to one who is cruel, Proverbs 5:3-5, 8-9***

**Satan can open every door necessary for us to walk through, stand near, or sit in sin's midst, but we are responsible for our choices.**

***6 These commandments that I give you today are to be on your hearts. 7 Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Deuteronomy 6:6-7***

**The best way to combat being consumed with sin is to replace it with being consumed with God and His Word.**

***6 So then, just as you received Christ Jesus as Lord, continue to live your lives in him, 7 rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness. Colossians 2:6-7***

***It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit.” Jeremiah 17:8***

***25 There is a way that appears to be right, but in the end it leads to death.  
Proverb 16:25***

**We can stand firm in Christ or be blown away by sin.**