Therefore

These were all commended for their faith, yet none of them received what had been promised, since God had planned something better for us so that only together with us would they be made perfect.

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. Hebrews 11:39-12:2

Even good things can hinder and entangle us, it's not just the sin.

Get rid of a good thing in life in order to be able to better focus on God.

In order to more deeply follow Jesus, <u>confession</u> needs to be far greater part of our lives.

The <u>antidote</u> to sin is not personal discipline alone, the <u>antidote</u> to sin is regular confession.

What gets communicated gets accomplished.

13 Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. 14 Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord.

15 And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven.

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. James 5:16

And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. Hebrews 12:1-2

For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. 3 Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart. Hebrews 12:2-3

It is finished. John 19:30

Jesus finished the race marked out for him. Therefore, finish yours.